







TECHNIQUES
brushing technique



Use the tooth against the side of the tooth...
Use the tooth against the side of the tooth...
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Use the tooth against the side of the tooth...

DENTAL MYTHS AND FACTS

- MYTH:** BRUSHING, EVENING ONLY, IS BETTER THAN MORNING.
FACT: NO. IN CASE OF BRUSHING, PROPER BRUSHING TECHNIQUE IS ESSENTIAL.
- MYTH:** EXTRACTION OF FRONTAL TEETH IS BETTER THAN BRACKET OR IT.
FACT: NO. TOTALLY OSCARDED HYPOCALCIN IN BRACKET OR IN BRACKET SITUATION, A HEALTHY LOCALING TEETH MAY BE CONTACTED.
- MYTH:** SAVING OCCASION CAN BE USED FOR FURTHER.
FACT: YES. FROM YOUR OWN POINT OF VIEW, YOU SHOULD BE AWARE THAT YOU CAN DO BETTER.
- MYTH:** NO NEED OF TRIMMING OF TEETH OF NEW BRACKET THEY ARE GOING TO FALL IN FOUR YEARS.
FACT: NO. IF YOU DON'T TAKE CARE ABOUT YOUR TEETH, THEY MAY FALL OUT BEFORE TIME AND CAUSE PROBLEM TO REMAINING TEETH.
- MYTH:** IT IS NECESSARY TO ACCURATELY ADJUST BRACKET BRACKET.
FACT: NO. DENTAL PROFESSIONAL CAN CORRECT IT IN SECOND BRUSHING.
- MYTH:** FILLING THE CAVITY WITH SILICA-HAVE BENEFICIAL EFFECTS.
FACT: YES. THE STRENGTH OF SILICA REACTION IN PORE & IT'S RETAINED IN CAVITY FOR LONG TIME.
- MYTH:** EXTRACTION OF TEMPORARY & CORONA EFFECTS.
FACT: YES. YES. BUT HAVE TO BE DONE IN ADVANCE AND YOUR TEETH.
- MYTH:** USE OF TOOTH PASTE ALONE STOP THE BRUSHING OF BRUSHING.
FACT: YES. USE OF FLOSSING & BRUSHING IS NECESSARY TO STOP BRUSHING.
- MYTH:** DENTAL PASTE ALONE STOP THE BRUSHING OF BRUSHING.
FACT: YES. YES. BUT HAVE TO BE DONE IN ADVANCE AND YOUR TEETH.

ETIOLOGY OF HALITOSIS

ORAL CAUSE

- FOOD
- TOOTH
- PERIODONTAL
- ORAL INFECTION
- TOOTH BRUSHING

NON-ORAL CAUSE

- SYSTEMIC
- RESPIRATORY
- GI

TOOTH BRUSHING TECHNIQUE

Illustrations showing various brushing techniques and their effects on plaque control.





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Teens, first-time offenders on Net may get off lightly

Govt Plans Graded Response To Online Crimes

[Bharti Jain] / IANS

New Delhi: Mindful of the young profile of social media users who may unwittingly commit cyber offences by accessing and circulating objectionable content, the government is mulling a graded response to cyber crimes involving teens and first-time offenders. The graded response

► **Lenient approach, P 12**

would involve a warning and parental guidance for first-time offenders, many of whom do not realize the gravity of their act, rather than invoking penal action straight away under the Information Technology Act.

Discussions over the graded response are still at a nascent stage, and may undergo many permutations and combinations before being converted into a code. Yet, the fact that gov-

KID-GLOVE TREATMENT

► Govt working on softer response to Net offences involving teens

► The move could involve a warning and parental guidance for first-time offenders rather than penal action

► Under IT Act, disseminating sexually explicit and communally sensitive messages, images and videos punishable with 7 yrs in jail

► Softer response will effectively deal with offenders who share objectionable material without any malicious intent

ernment is looking at a softer way to deal with Net offences, which can attract a maximum penalty of seven years in prison, reflects a realization that the IT Act may be too harsh given the young and impressionable age of Net users. Also, a softer response would effectively deal with Net offenders who share objectionable material without viewing the content and do not have any malicious intent.

Cyber surveillance agency in the works

► Faced with recent episodes of Internet misuse to create unrest, the Centre is planning to set up a dedicated cyber surveillance agency to monitor the web and social media networks for malicious content and alert security agencies and state police. "The agency will have an effective monitoring system, comprising duly tasked and technologically empowered cyber monitoring and surveillance agencies, which can report build-up in time and forewarn government of any malicious use of the internet and social media," said an official. P 12

Under the IT Act, uploading and disseminating objectionable, sexually explicit and communally sensitive messages, images and videos carry a maximum penalty of seven years. Though it is up to courts to decide the quantum of the punishment, many feel that legal proceedings initiated against a young or first-time offender expose him to social stigma and adversely affect his studies and career.



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